Stock, Super Stock and Masters Divisions

The information in this document is opinion based upon years of Soap Box Derby experience, my understanding of the physics involved, currently approved SBD parts, and current SBD rules.

The specific features, conditions and setups that make a SBD car go fast change with track, ramp, part and rule changes. The science does not change, but the application of the science changes based upon different tracks, ramps, parts, and rules.

#### Primary Influences on a SBD Car (Listed in random order)

- a. Potential Energy (PE) [Gravitational Potential Energy for Soap Box Derby cars]
- b. Acceleration
- c. Kinetic Energy (KE)
- d. Aerodynamics
- e. Center of Mass (CM) [also known as Center of Gravity]
- f. Balance, Weight
- g. Moment of Inertia
- h. Vibration
- i. Friction
- j. Driver

The primary influences change order of importance based upon the track, ramp, and lane driving requirements of a specific race.

Goals (Listed in same order as Primary Influences)

- a. Maximum Potential Energy (See Note 5, page 2)
- b. Maximum acceleration
- c. Most efficient conversion of Potential Energy into Kinetic Energy
- d. Minimum aerodynamic drag
- e. Lowest possible Center of Mass
- f. Correct weight balance for track and ramp combination
- g. Minimum Moment of Inertia
- h. Minimum vibration of car and parts in car
- i. Minimum friction
- j. Minimum driving

The car and driver best at achieving the goals stated above will win.

It is important to understand the different influences that act upon a car when selecting parts, assembling the car, and racing but, only testing on a specific track with a specific car and driver will determine what works best on that track with that car and driver.

Read everything, listen to everyone, observe what others are doing, test, and then use your own judgment to determine what will make your car go fast.

Paul Gale

Stock, Super Stock and Masters Divisions

## Notes / Disclaimers

- 1. The focus of this document is on the primary influences, part conditions and setups that impact the speed of a SBD car.
- 2. Estimates are not provided for the increase or decrease in speed that may result from the conditions and setups mentioned in this document. Individual contestant's ability to achieve the goals and the specific race conditions would change any estimate provided.
- 3. There will be exceptions to all statements and recommendations in this document due to specific and unique part, track, and ramp conditions. Possible exceptions and their impact are not addressed in this document.
- 4. Selecting the best parts and determining the best car setup for racing involves trade-offs. The term "trade-off" is used to describe the process of evaluating the relative value of changes that can be made to the car and then making a judgment on what will work best on a specific track. Changes such as (but not limited to) tighter or looser kingpin torque, longer wheel base or shorter wheel base, light weight or maximum weight, and nose heavy versus balanced versus tail heavy. The difficulty for contestants is working out the trade-offs to make their car as fast as possible for a specific race.

What works best on one car may not work as well on another car at the same track due to the differences in the individual parts used and how those parts have been assembled in each car. A car setup that works well for a contestant at one track may not work as well for that contestant on another track due to differences in the track and ramp.

5. Maximum Potential Energy (PE) is obtained by correctly positioning the driver and added ballast (weight) within the car. Although on most tracks cars run faster when at the maximum allowed total weight, there are tracks upon which cars will be faster racing at less than maximum allowed weight. Regardless of the cars total weight, it is always important to position the driver and added weight to obtain maximum PE.

Caution: Racing at less than maximum allowed weight should only be done on calm weather days or on indoor tracks. If a cross wind or uphill wind is possible, it is probably better to race at maximum weight. If rain is possible, it is better to race at maximum weight. If the track surface is very rough, it is probably better to race at maximum weight.

6. It is not suggested or recommended that official SBD parts be altered or modified to achieve the optimum conditions shown in this document.

Stock, Super Stock and Masters Divisions

#### Contents

•		Contonio	_
Sectio	on		Page
1.0	Physic	cs	4
	1.1	Primary Influences	4
	1.2	Weight Distribution	16
2.0	Parts_		23
	2.1	Floorboard	24
	2.2	Axles	36
	2.3	Kingpins	48
	2.4	Washers, Kingpin Assembly	<u></u> 52
	2.5	Stabilizers, Stock Car	<u>55</u>
3.0	Car As	ssembly (future addition)	
4.0	Racin	g (future addition)	
5.0	Misce	Ilaneous Information	
	5.1	Time into Inches Conversion Data	
	5.2	Increased Track Length Due to Steering	<u>    60                                </u>
	5.3	Airfoil Angle with Bowed Floorboard	<u></u> 62
	5.4	Pre-Race Car Checklist	64
	5.5	Weight Record Sheet	<u></u> 65
	5.6	(Deleted)	<u></u> 66
	5.7	Spindle Alignment Record Sheet	67
6.0	Gloss	ary of Terms	<u></u> 68

Stock, Super Stock and Masters Divisions

# 1.0 Physics

The following pages provide an explanation of the basic physics involved in Soap Box Derby racing. The intent of these pages is to give the contestant an understanding of the forces that act upon a derby car.

#### **1.1 Primary Influences**

The force that propels a SBD car and driver down the track is gravity. The amount of force available, called Potential Energy, is determined by total weight of car and the vertical drop of that weight from start to finish.

When the starting gate releases a car, it accelerates down the hill. While accelerating, the car's Potential Energy (PE) is converted into Kinetic Energy (KE). The more efficiently PE is converted to KE, the faster the car goes.

A car's acceleration is impeded as it rolls down the hill by aerodynamic drag, vibration, friction, Moment of Inertia, and most important: driving. Minimizing the impact of these primary influences will increase the car's acceleration and thus its speed.

The following pages provide a definition for each of the Primary Influences and the impact of weight distribution when racing on various types of ramps and hills.

#### Contents

Section				Page	
1.0	Phys	sics		4	
	1.1	Primary	Influences	4	
		1.1.1	Potential Energy	5	
		1.1.2	Acceleration	6	
		1.1.3	Kinetic Energy	7	
		1.1.4	Aerodynamics	8	
		1.1.5	Center of Mass	9	
		1.1.6	Balance	10	
		1.1.7	Moment of Inertia	11	
			1.1.7.1 Car	11	
			1.1.7.2 On Track		
		1.1.8	Vibration	13	
		1.1.9	Friction	14	
		1.1.10	Driver	15	
	1.2	Weight D	Distribution	16	
		1.2.1	Track and Ramp Types	16	
		1.2.2	General Information		
		1.2.3	Potential Energy on Ramp	18	
		1.2.4	Potential Energy on Track	19	
		1.2.5	Basic Weight Distribution Recommendations	20	



Stock, Super Stock and Masters Divisions

# 1.1 Primary Influences continued Definition of Primary Influence 1.1.2 Acceleration: The rate of change of an object's speed. The quicker a car accelerates, the less time it takes to reach the finish line.













Stock, Super Stock and Masters Divisions

#### 1.1 Primary Influences continued



Stock, Super Stock and Masters Divisions

#### 1.1 Primary Influences continued





Stock, Super Stock and Masters Divisions

#### 1.1 Primary Influences continued



Stock, Super Stock and Masters Divisions

# **1.2 Weight Distribution**

The following information is a general guide for determining the location of weight (ballast) added to a SBD car. The two most important considerations when determining where to locate weight being added to a car are slope of the hill and shape of the ramp. See Section 1.2.5, page 20, for basic weight distribution recommendations.

Note: The best way to determine optimum total weight and weight distribution for a specific track and ramp combination is to test on that track/ramp combination.

## 1.2.1 Track and Ramp Types

There are three basic hill types used for racing: 1) Constant Slope; 2) Concave Slope; and 3) Convex Slope. See Diagram 1-1. Tracks built for SBD racing normally have a varying slope (referred to in this document as concave). Streets used for racing are often variations or combinations of the basic hill types and present a greater challenge when trying to determine where to place added weight.



There are three basic ramp types used for racing: 1) Flat Ramp (same slope as track); 2) Standard Ramp (the most common style); and 3) Drop-Off Ramp. See Diagram 1-2.



Stock, Super Stock and Masters Divisions

## 1.2 Weight Distribution continued

#### **1.2.2 General Information**

#### 1.2.2.1 Primary Influences associated with adding weight.

- 1.2.2.1.1 Potential Energy [Gravitational Potential Energy in the case of SBD cars]
- 1.2.2.1.2 Center of Mass [also known as Center of Gravity]
- 1.2.2.1.3 Balance
- 1.2.2.1.4 Moment of Inertia

See Section 1.1.1 through Section 1.1.7, pages 5 through 12, for explanation of Primary Influences: Potential Energy, Balance, Center of Mass, and Moment of Inertia.

#### 1.2.2.2 Goals

- 1.2.2.2.1 Maximum Potential Energy.
- 1.2.2.2.2 Lowest possible Center of Mass.
- 1.2.2.2.3 Appropriate balance for track and ramp combination.
- 1.2.2.2.4 Minimum Moment of Inertia.

#### 1.2.2.3 Basics

- 1.2.2.3.1 Weight added to a car increases Potential Energy.
- 1.2.2.3.2 Stacking weight raises the Center of Mass.
- 1.2.2.3.3 Placement of weight near axles increases car's Moment of Inertia.
- 1.2.2.3.4 Determining the ideal weight distribution involves trade-offs based upon ramp shape, track slope and track length.

#### 1.2.2.4 Generic Recommendations

- 1.2.2.4.1 Car and driver should be at the maximum allowed total weight.
- 1.2.2.4.2 All weight in car (added and driver) should be as low as possible.
- 1.2.2.4.3 Ramp type is the first consideration when determining car's balance.
- 1.2.2.4.4 See Section 1.2.5, page 20, for basic weight distribution recommendations.

#### 1.2.2.5 Exceptions

1.2.2.5.1 There will be exceptions to all statements and recommendations in this document due to specific and unique track/ramp conditions. Possible exceptions and their impact are not addressed in this document.







Stock, Super Stock and Masters Divisions

#### 1.2 Weight Distribution continued



Stock, Super Stock and Masters Divisions

#### 1.2 Weight Distribution continued

#### Notes – Section 1.2.5:

1. Only testing on a specific track and ramp combination will determine the best weight distribution for that track and ramp.

#### 2. Constant Slope Track

- (a) <u>Flat Ramp</u>: Racing tail heavy (see Section 1.1.6, page 10) will increase Potential Energy and may be an advantage but, increasing weight on rear wheels increases wheel friction. Increased rear wheels friction may slow the car's speed more than the speed gained by having more Potential Energy (especially if wheels are slow or "bad"). Wheels used at rallies and Akron range from good to very bad.
- (b) <u>Standard Ramp</u>: Racing tail heavy is such a significant advantage, due to the ramp to track transition, that it overrides other considerations.
- (c) <u>Drop-Off Ramp</u>: A longer wheel base is the most effective method of increasing speed. Racing nose heavy may increase speed depending upon ramp shape, track slope and track length.

#### 3. Concave Slope Track

- (a) *Flat Ramp*: Racing with low weight will produce the maximum advantage.
- (b) <u>Standard Ramp</u>: Racing tail heavy is such a significant advantage, due to the ramp to track transition, that it overrides other considerations.
- (c) <u>Drop-Off Ramp</u>: A longer wheel base is the most effective method of increasing speed. Racing nose heavy may increase speed depending upon ramp shape, track slope and track length.

#### 4. Convex Slope Track

- (a) <u>*Flat Ramp*</u>: A longer wheel base is the most effective method of increasing speed. Racing nose heavy may increase speed depending upon track slope and length.
- (b) <u>Standard Ramp</u>: Racing tail heavy is such a significant advantage, due to the ramp to track transition, that it overrides other considerations.
- (c) <u>Drop-Off Ramp</u>: A longer wheel base is the most effective method of increasing speed. Racing nose heavy may increase speed depending upon ramp shape, track slope and track length.

Stock, Super Stock and Masters Divisions

#### 1.2 Weight Distribution continued



Stock, Super Stock and Masters Divisions

# 2.0 Parts

The following pages show the basic physical features of Soap Box Derby parts and conditions that may exist. The intent of these pages is to provide guidance when evaluating specific parts. Illustrations are provided to help identify conditions and their impact.

## Contents

Sectio	on		Page
2.0	Parts		
	2.1	Floorboard	24
	2.2	Axles	
	2.3	Kingpins	48
	2.4	Washers, Kingpin Assembly	
	2.5	Stabilizers, Stock Car	55

Stock, Super Stock and Masters Divisions

#### 2.1 Floorboard

The following pages show the basic physical features of a Soap Box Derby floorboard and conditions that may exist. The intent of these pages is to provide guidance when evaluating a floorboard. Illustrations are provided to help identify conditions and their impact.

Because floorboard material, size dimensions and rules change over the years, dimensional values for the floorboard are not provided.

With all manufactured items (even computer numerical control (CNC) parts), the production process produces similar parts with different dimensions. Most of the parts manufactured will be within the allowed tolerance while some will not. Generally, parts outside of the allowed tolerance present the greater possibility for a speed advantage.

If a floorboard is received from Akron with significant defect(s) (e.g.; split along glue line, badly mislocated holes, twisted, etc.), return it to Akron or request permission to repair it.

See Section 2.1.1 through Section 2.1.11 on the following pages for floorboard conditions that may be encountered and the impact of those conditions may cause.

See page 32 and page 33 for the conditions that create an "ideal" floorboard.

It is not suggested or recommended that floorboards be altered or modified to achieve the optimum conditions shown in this document.



Diagram 2-1 below shows how terms are applied to a floorboard.

Stock, Super Stock and Masters Divisions

# 2.1 Floorboard continued

#### Contents

#### Page

Section			Page
2.1	Floorboa	ard	24
	2.1.1	Twisted	26
	2.1.2	Cupped	26
	2.1.3	Bowed	27
	2.1.4	Width	28
	2.1.5	Thickness	28
	2.1.6	Rear Kingpin Bushing Hole Mislocated Along Center Line	29
	2.1.7	Front Kingpin Bushing Hole Mislocated Along Center Line	29
	2.1.8	One Kingpin Bushing Hole Mislocated Off Center Line	30
	2.1.9	Both Kingpin Bushing Holes Mislocated Off Center Line	30
	2.1.10	Kingpin Bushing Hole(s) Not Drilled At 90 Degrees	31
	2.1.11	Kingpin Bushing Hole(s) Oversize	31
	2.1.12	Ideal Floorboard #1: No Bow or Cup Defects	32
	2.1.13	Ideal Floorboard #2: Bow and Cup Defects Used to Advantage	33
	Floorbo	oard Condition Data Sheet	34



Stock, Super Stock and Masters Divisions







Stock, Super Stock and Masters Divisions





Stock, Super Stock and Masters Divisions



Stock, Super Stock and Masters Divisions



Stock, Super Stock and Masters Divisions



Stock, Super Stock and Masters Divisions

#### **Floorboard Condition Data Sheet**

Sketch 2-1 and Sketch 2-2 may be used to determine and record the condition of a floorboard. The sketches apply to Stock, Super Stock, and Masters Division. All measurements should be taken before kingpin bushings have been installed, but may be taken after bushings have been installed.

Kingpin Bus	shings Installed:	No	Yes		
Division:	Stock	Super Stock	K	Masters	
Driver:					

#### Sequence of measurements:

- 1. Check for Twist, Cup and Bow.
- 2. Take measurements 1 through 3. Record results on Sketch 2-1.

#### continued on next page



Stock, Super Stock and Masters Divisions

#### **Floorboard Condition Data Sheet**

#### Sequence of measurements continued

- 3. Draw a line on inside surface of floorboard between the front axle bushing hole and rear axle bushing hole. Line must pass through exact center of holes.
- 4. Extend line to nose of floorboard.
- 5. Draw a line at 90 degrees to "center" line originating at exact center of each bushing hole.
- 6. Take measurements 4 through 15. Record results on Sketch 2-2.



Stock, Super Stock and Masters Divisions

#### 2.2 Axles

The following pages show the basic physical features of a Soap Box Derby axle (front and rear) and conditions that may exist. The intent of these pages is to provide guidance when evaluating an axle. Illustrations are provided to help identify conditions and their impact.

Because axle material, size dimensions and rules change over the years, dimensional values for the axle features are not provided.

With all manufactured items (even computer numerical control (CNC) parts), the production process produces similar parts with different dimensions. Most of the parts manufactured will be within the allowed tolerance while some will not. Generally, parts outside of the allowed tolerance present the greater possibility for a speed advantage.

See Section 2.2.1 through Figure 2.2.3 on the following pages for axle conditions that may be encountered and the impact those conditions may cause.

See page 47 for the conditions that create an "ideal" axle.

It is not suggested or recommended that axles be altered or modified to achieve the optimum conditions shown in this document.



Diagram 2-2 below shows how terms are applied to an axle.

Stock, Super Stock and Masters Divisions

## Contents

Section				Page
2.2	Axles			
	2.2.1	Square Sto	ck	38
		2.2.1.1	Twisted	38
		2.2.1.2	Bowed – Forward and Back	
		2.2.1.3	Bowed – Up and Down (known as pre-bow)	39
		2.2.1.4	Thin	39
		2.2.1.5	Minimum Distance Between Ends	40
		2.2.1.6	Corners	40
		2.2.1.7	Edges	40
	2.2.2	Spindles		41
		2.2.2.1	Minimum Length	41
		2.2.2.2	Large Diameter	41
		2.2.2.3	Constant Diameter	42
		2.2.2.4	Large Chamfer	42
	2.2.3	Kingpin Ho	le	43
		2.2.3.1	Mislocated Side to Side	43
		2.2.3.2	Mislocated Toward Nose or Tail	44
		2.2.3.3	Small Diameter	45
		2.2.3.4	Round	45
		2.2.3.5	Constant Diameter	46
		2.2.3.6	90 Degrees	46
	2.2.4	Ideal Axle		

Stock, Super Stock and Masters Divisions

## 2.2 Axles continued

#### 2.2.1 Square Stock:



Stock, Super Stock and Masters Divisions

## 2.2 Axles continued

#### 2.2.1 Square Stock continued



Stock, Super Stock and Masters Divisions

#### 2.2 Axles continued

#### 2.2.1 Square Stock continued



Stock, Super Stock and Masters Divisions

#### 2.2 Axles continued

#### 2.2.2. Spindles:



Stock, Super Stock and Masters Divisions

# 2.2 Axles continued

# 2.2.2. Spindles continued

2.2.2.3 Constant Diameter				
	This:	Round	Not this:	$\bigcirc$
	This:		Not this:	
Impact(s) a) Reduces wł	neel "wobbl	e" decreasing friction.		
2.2.2.4 La	rge Chan	nfer		
	This:	End of spindle	Not this	
Impact(s) a) Reduces ae	erodynamic	drag.		

Stock, Super Stock and Masters Divisions

#### 2.2 Axles continued

#### 2.2.3. Kingpin Hole:



Stock, Super Stock and Masters Divisions

## 2.2 Axles continued

#### 2.2.3 Kingpin Hole continued



e) Mislocated toward tail increases acceleration on Drop-Off ramp.

#### <u>Rear Axle</u>:

- a) Mislocated toward nose moves Center of Mass up hill increasing Potential Energy.
- b) Mislocated toward tail moves Center of Mass down hill decreasing Potential Energy.
- c) Mislocated toward tail increases acceleration on Drop-Off ramp.

\_\_\_\_\_

Stock, Super Stock and Masters Divisions

#### 2.2 Axles continued

#### 2.2.3 Kingpin Hole continued



Stock, Super Stock and Masters Divisions

#### 2.2 Axles continued

#### 2.2.3 Kingpin Hole continued





Stock, Super Stock and Masters Divisions

## 2.2 Axles continued



Stock, Super Stock and Masters Divisions

## 2.3 Kingpins

Kingpins provided in the car kits may be Grade BD or Grade 8 Hex Cap Screws and are identified as "kingpin bolt" in the Car Assembly Plans. These are tension "bolts" intended for industrial applications. The kingpin bolts are 1/4 inch diameter and have 28 threads per inch (1/4-28). The yellow coloration is yellow Zinc (Grade BD) or Cadmium plating (Grade 8) applied to prevent corrosion (rust).

Grade BD kingpin bolts, in accordance with ASTM A354, are fabricated from alloy steel that has been quenched and tempered. Grade 8 kingpin bolts, in accordance with SAE J429, are fabricated from medium carbon steel that has been quenched and tempered. Both Grades have the same strength ratings.

Generally, SAE bolts are a more precision fastener and held to tighter tolerances than the ASTM bolts. For the application of SBD racing, SAE bolts are the better bolt.

Tightening the kingpin nut applies a clamping force to the kingpin/axle/floorboard assembly. The amount of clamping force created depends upon the amount of torque applied. Increased torque means increased clamping force.

Continued on page 49



Diagram 2-3 below shows how terms are applied to a kingpin bolt.

Stock, Super Stock and Masters Divisions

#### Continued from page 48

A properly tightened kingpin bolt is stretched and acts like a ridged spring pulling the axle and floorboard together. As the car rolls down the hill, uneven track surface pushes a wheel up which causes the kingpin bolt to bend.

The Grade 8 and Grade BD kingpin bolts are rated for a maximum torque of 200 inch pounds (16-1/2 foot pounds) when the kingpin bolt is dry (threads not lubricated). Applying 200 inch pounds of torque too quickly may damage (weaken) and possibly break a kingpin bolt. Exceeding 200 inch pounds of torque will break the kingpin bolt unless it has been strain-hardened. A properly strain-hardened kingpin bolt may have up to 300 inch pounds (25 foot pounds) of torque applied.

Note: Nuts like bolts have Grades. To achieve the maximum torque values quoted above, the proper Grade nut should be used.

Any material applied to the kingpin bolt threads, such as wax, oil, grease, nut lockers such as Loctite, etc. will act as a lubricant and impact the torque value.

Caution: Torque values are reduced significantly if the bolt threads have been lubricated. For example: 200 in. lbs. of torque on dry a nut/bolt would be equivalent to approximately 84 in. lbs. on a nut/bolt with lubricated threads to achieve the same clamp up force.

Every kingpin bolt joint is unique and the optimum tightening torque should be determined by experimentation.

#### Section

## Contents

#### Page

2.3	Kingpins	5	_48
	2.3.1	Bowed	50
	2.3.2	Larger Diameter	_50
	2.3.3	Constant Diameter	51
	2.3.4	Ideal Kingpin	_51

Stock, Super Stock and Masters Divisions



# 2.3 Kingpins continued

Stock, Super Stock and Masters Divisions

# 2.3 Kingpins continued



Stock, Super Stock and Masters Divisions

## 2.4 Washers, Kingpin Assembly

The washers used for the front and rear axle kingpin assemblies are stamped from steel and coated with zinc (silver or yellow in color) or cadmium (yellow in color) for corrosion (rust) protection.

The stamping process routinely creates an uneven "lip" on one side of the washer. This lip creates crossbind when torque is applied to the kingpin (when kingpin nut is tightened).

There are three different sizes of washers used in the kingpin assemblies:

- 1) Plain: 1/4" ID by 5/8" OD by 1/16" Thick
- 2) Fender: 1/4" ID by 1-1/4" OD by 3/32" Thick
- 3) Large: 1/4" ID by 2" OD by 1/8" Thick

Section

Diagram 2-4 below shows how terms are applied to a washer.



#### Contents

			3-
2.4	2.4 Washers, Kingpin Assembly		
	2.4.1	Bowed	53
	2.4.2	Curled Edge	53
	2.4.3	Thickness	
	2.4.4	Ideal Washer	

Page

Stock, Super Stock and Masters Divisions

## 2.4 Washers, Kingpin Assembly continued



Stock, Super Stock and Masters Divisions

# 2.4 Washers, Kingpin Assembly continued



Stock, Super Stock and Masters Divisions

## 2.5 Stabilizers, Stock Car

The stabilizers (also called radius rods) are flame cut from 1/8 of an inch thick sheet steel. This method of fabrication leaves the edges irregular (wavy) and the corners sharp. [*Warning: Sharp edges and corners may cut hands.*]

The stabilizers have not been finished and will be susceptible to corrosion (rust).

Older stabilizers were manufactured from bar stock which had rounded edges.

Diagram 2-5 below shows how terms are applied to a stabilizer.



		Contento	
Sectio	n		Page
2.5	Stabilizers, Stock Car		
	2.5.1	Bowed	
	2.5.2	Corners and Edges	
	2.5.3	Ideal Stabilizer, Stock Car	57

Contents



Stock, Super Stock and Masters Divisions

## 2.5 Stabilizers, Stock Car continued



Stock, Super Stock and Masters Divisions

# 5.0 Miscellaneous Information

The following miscellaneous information is provided to help the contestant better understand car setup and racing.

The information contained in this section is a collection of "raw" data and other information for contestants to evaluate and apply as they deem appropriate.

#### Section

#### Contents

#### Page

			-
5.0	Misc	ellaneous Information	58
	5.1	Time into Inches Conversion Data	59
	5.2	Increased Track Length Due to Steering	60
	5.3	Airfoil Angle with Bowed Floorboard	62
	5.4	Pre-Race Car Check List	_64
	5.5	Weight Record Sheet	_65
	5.6	Deleted	66
	5.7	Spindle Alignment Record Sheet	_67

Stock, Super Stock and Masters Divisions

#### 5.1 Time into Inches Conversion Data

Basic Data:		1  hour = 60  min	1 hour = 60 minutes = 3,600 seconds						
		1 11110 = 5,200	1001 = 0.0000000000000000000000000000000	0 Inches			1/64"	ł.	
		1 MPH = 1 mile		1/32	Į.				
		1  MPH = 5.280	ft in 60 min	utes			1/16	ł	
		1 MPH = 63,36	0 inches in	3,600 seco	nds		3/32	į.	
		1 MPH = 17.6 i			1/8	ł			
				5/32	ł				
Car Lengths: 75 inches (6 ft 3 in) - Stock 75 inches (6 ft 3 in) - Super Stock									
75 inches (6 ft 3 in) - Super Stock									
		84 inches (7 ft)		1/4	ł				
Inc	hes per	second Chart:					5/16	į.	
		1					11/32	į.	
			Inches pe	er			3/8	ł	
MPH	1.00 Second	10 Sec	01 Sec	001 Sec		13/32	ł		
	10	176 0 (14 ft 9 ip)	17.60	1 76	10		7/16	į.	
	10	170.0 (14 11 0 111)	17.00	1.70	.10		15/32	ł	
	15	264.0 (22 ft 0 in)	26.40	2.64	.26		1/2"	į.	
	20	352.0 (29 ft 4 in)	35.20	3.52	.35		17/32	ļ	
	25	440.0 (36 ft 8 in)	44.00	4.40	.44		19/32	l	
	26	457.6 (38 ft 2 in)	45.76	4.57	.46		5/8	Ì	
	27	475.2 (39 ft 7 in)	47.52	4.75	.48		21/32	ł	
	28	492.8 (41 ft 1 in)	49.28	4.92	.49		23/32	ł	
	29	510.4 (42 ft 6 in)	51.04	5.10	.51		3/4	ł	
	30	528.0 (44 ft 0 in)	52.80	5.28	.53		25/32	Ì.	
	31	545.6 (45 ft 6 in)	54.46	5.44	.54		27/32	Ì	
	32	563 2 (46 ft 11 in)	56 32	5.63	56		7/8	ł	
	02		00.02	0.00			29/32	i.	
	33	580.8 (48 ft 5 in)	58.08	5.80	.58		15/16	ł	
	34	598.4 (49 ft 10 in)	59.84	5.98	.60		31/32	i.	
	35	616.0 (51 ft 4 in)	61.60	6.16	.62		I.	i	

5/32	.156	3.97 MM
3/16	.188	4.76 MM
7/32	.219	5.56 MM
1/4	.250	6.35 MM
9/32	.281	7.14 MM
5/16	.313	7.94 MM
11/32	.344	8.73 MM
3/8	.375	9.53 MM
13/32	.406	10.32 MM
7/16	.438	11.11 MM
15/32	.469	11.91 MM
1/2"	.500	12.70 MM
17/32	.531	13.49 MM
9/16	.563	14.29 MM
19/32	.594	15.08 MM
5/8	.625	15.88 MM
21/32	.656	16.67 MM
11/16	.688	17.46 MM
23/32	.719	18.26 MM
3/4	.750	19.05 MM
25/32	.781	19.84 MM
13/16	.813	20.64 MM
27/32	.844	21.43 MM
7/8	.875	22.23 MM
29/32	.906	23.02 MM
15/16	.938	23.81 MM
31/32	.969	24.61 MM
1"	1.00"	25.40 MM

Equivalents

.40 MM

.79 MM

1.59 MM

2.38 MM 3.18 MM

.016"

.031

.063

.125 ÷

.094

÷

÷

Single Phase example. Winning time of .064 seconds at finish line speed of 28 MPH:

Phase time multiplied by inches per second for 28 MPH equals win in inches.

.064 x 492.8 inches = 31.54 inches

Heat (two phase) example. Overall time (both phases) of 1.44 seconds at 28 MPH:

Phase time multiplied by inches per second for MPH at finish line equals win in inches.

1.44 divided by 2 = .72 x 492.8 inches = 354.8 inches (29 feet 6 inches)

#### Approximation for most tracks:

- .001 seconds =1/2 inch
- .010 seconds = 5 inches
- .100 seconds = 49 inches (4 feet 1 inch)
- 1.00 seconds = 41 feet

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# 5.2 Increased Track Length Due to Steering



Sequence of fractions				
1/6 <i>4</i> " 1/2"				
1/07 1 1 1/22				
1/32	1//32			
1/16	9/16			
3/32	19/32			
1/8	5/8			
5/32	21/32			
3/16	11/16			
7/32	23/32			
1/4	3/4			
9/32	25/32			
5/16	13/16			
11/32	27/32			
3/8	7/8			
13/32	29/32			
7/16	15/16			
15/32	¦ 31/32			
1/2"	1"			
	, i , L,			

	a Increased distance traveled (fractions rounded up)						
b	20' (feet)	30'	40'	50'	100'	150'	200'
C	240" (inches)	360"	480"	600"	1,200"	1,800"	2,400"
6" (inches)	3/32"	1/16"	1/32"	1/32"	1/64"		
9" (inches)	3/16"	1/8"	3/32"	1/16"	1/32"	1/32"	1/64"
12" (1 foot)	5/16"	3/16"	5/32"	1/8"	1/16"	1/32"	1/32"
24" (2 feet)	1 3/16"	13/16"	19/32"	1/2"	1/4"	5/32"	1/8"
36" (3 feet)	2 11/16"	1 13/16"	1 11/32"	1 3/32"	17/32"	3/8"	9/32"
48" (4 feet)	4 3/4"	3 3/16"	2 13/32"	1 29/32"	31/32"	21/32"	1/2"
60" (5 feet)	7 3/8"	4 31/32"	3 3/4"	3"	1 1/2"	1"	3/4"
120" (10 ft)	28 11/32"	19 15/32"	14 25/32"	11 7/8"	6"	4"	3"
180" (15 ft)	60"	42 1/2"	32 21/32"	26 7/16"	13 7/16"	9"	6 3/4"

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# 5.2 Increased Track Length Due to Steering continued



Wheel to wheel dimension



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## 5.3 Airfoil Angle with Bowed Floorboard

A straight (flat) floorboard bows when ballast (weight) is added and the driver gets into the car. A floorboard that is bowed before weight is added or the driver gets into the car is called a pre-bowed floorboard. Pre-bowed floorboards can be created during the manufacturing process, by accident during storage of the car by contestant, or deliberately prior to car assembly.

When the floorboard bows, the axles and attached airfoils are rotated which increases aerodynamic drag.

The following information establishes the degree of rotation for various floorboard bow values.



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#### 5.3 Airfoil Angle with Bowed Floorboard continued

Axle and airfoils rotate when floorboard is bowed presenting a larger cross section area to the air flow which increases aerodynamic drag.

The following information provides the cross section area height increase dimension for various angles of rotation.



Bow Dimension	"X" Angle	"Y" Dimension	
Approximate	Airfoil Angle of Rotation	Decimal	Fraction Nearest 1/64"
1/16"	0° 5'	.007	0
	0° 10'	.015	1/64"
1/8"	0° 15'	.022	1/64"
	0° 20'	.029	1/32"
	0° 25'	.038	1/32"
1/4"	0° 30'	.044	3/64"
	0° 35'	.051	3/64"
	0° 40'	.058	1/16"
3/8"	0° 45'	.065	1/16"
	0° 50'	.073	5/64"
1/2"	0° 55'	.080	5/64"
9/16"	0° 60'	.087	3/32"
5/8"	1° 5'	.095	3/32"
	1° 10'	.102	7/64"
11/16"	1° 15'	.109	7/64"
3/4"	1° 20'	.116	7/64"
	1° 25'	.124	1/8"
7/8"	1° 30'	.131	1/8"

Notes:

1. Angle of rotation is also known as "angle of attack"

2. 30 minutes (30') equals 1/2 degree.

3. 60 minutes (60') equals 1 degree.

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# 5.4 Pre-Race Car Check List

1.	Visually inspect car body, airfoils and floorboard for damage or irregularities			
2.	Remove shell			
3.	Rear axle triangulation			
4.	Rear axle stabilizers secure			
5.	Kingpin torque			
	a. Front axle			
	b. Rear axle			
6.	Front axle parallel to rear axle			
7.	Steering wheel parallel to front axle	□		
8.	Steering wheel direction: left/right	□		
9.	Steering cable tension using a cable tension gage (Tensionmeter)			
10.	Cable clamps secure			
	a. Steering			
	b. Brake			
11.	All bolts/nuts secure	□		
12.	Place shell on floorboard	□		
13.	Install shell attach screws			
14.	Car at racing weight (with driver in car wearing racing gear)	□		
15.	Car at desired weight distribution (with driver in driving position)	□		
16.	Weights secure	□		
17.	Cross-bind			
18.	Axle rocking movement (side to side) using Fischer gage, or equivalent			
	a. Front axle	□		
	b. Rear axle			
19.	Spindle alignment			
	a. Front axle	□		
	b. Rear axle	□		
20.	Airfoil position			
	a. Front axle: left / right	□		
	b. Rear axle: left / right	□		
21.	Spindles cleaned	□		
22.	Spindle area lubricated			
	a. Spindles	□		
	b. Ends of square stock			
	c. Wheel washers / wheel pins	□		
23.	Body waxed	□		
24.	Airfoils waxed			
25.	Bottom of floorboard waxed	□		
26.	Cockpit foam position, and secure	□		
27.	Brake function	□		
28.	Brake pad			

Stock, Super Stock and Masters Divisions

#### 5.5 Weight Record Sheet

**Division:** 

Stock 

Super Stock 

Masters

Date:

Driver:

Driver's Weight:

Left Front		Right Front	Cross-Bind Front
Without With Driver Driver		Without With Driver Driver	Without With Driver Driver
1 1		1 1	1 1
2 2	Front	2 2	2 2
3 3	^	3 3	3 3
4 4		4 4	4 4
5 5		5 5	5 5
6 6		6 6	6 6
Left Rear           Without Driver         With Driver           1         1           2         2           3         3           4         4           5         5           6         6	LR <b>H</b> RR Rear	Right Rear           Without Driver         With Driver           1         1           2         2           3         3           4         4           5         5           6         6	Cross-Bind Rear           Without         With           Driver         Driver           1         1           2         2           3         3           4         4           5         5           6         6

#### Rear Axle Weight

Without Driver	With Driver	Without Driver	With Driver
1	1	1	1
2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6

**Total Weight** 

Notes:

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## 5.7 Spindle Alignment Record Sheet



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# 6.0 Glossary of Terms

- 1. Acceleration (linear acceleration)
  - a. The rate of change of an object's velocity.
  - b. The change in velocity divided by the time it takes to make the change
- 2. Aerodynamics Effect produced by air on an object.
- 3. **Alloy Steel** Alloy steel owes its distinctive properties chiefly to some element or elements other than carbon, or jointly to such other elements and carbon.
- 4. **ASME** American Society of Mechanical Engineers
- 5. **ASTM** American Society for Testing and Materials
- 6. Balance Weight of car and driver measured at axles.
- 7. Bearing
  - a. A device to allow constrained relative motion between two or more parts, typically rotation or linear movement.
  - b. Soap Box Derby wheels use roller element bearings, commonly called "ball bearings."
- 8. Carbon Steel Carbon steel owes its distinctive properties chiefly to the carbon it contains.
- 9. **Center of Mass** Point at which the weight of an object is centered in all three axis. Also called center of gravity.
- 10. **Cross-bind** Unequal weight on wheels from side to side (e.g. more weight on left front wheel than right front wheel.
- 11. Driver Individual steering car down the hill.
- 12. Friction A force that resists the relative motion of two surfaces in contact.
- 13. **Inertia** The property of an object that causes it to resist any change in its motion. Thus, an object at rest remains at rest unless it is acted upon by an external force and an object in motion continues to move at a constant speed in a straight line unless acted upon by an external force.
- 14. **Inertial Mass** The measure of an object's resistance to acceleration.
- 15. **Kinetic Energy** Energy of an object due to its motion.
- 16. **Mass** 
  - a. Defined as the quantity of matter in an object, expressed as the product of volume times density.
  - b. A measure of the amount of material contained in an object. It is the property of an object which causes the force of gravity to give an object weight.
- 17. Moment of Inertia An object's resistance to rotating about it's center of mass (CM)
- 18. **Potential Energy** Energy of an object due to its position.
- 19. **psi** Pounds per square inch.
- 20. **Rolling Resistance** Resistance to rolling down the hill caused by wheel bearing friction, tire hysteresis loss, aerodynamic drag, and track surface roughness.

- 21. SAE Society of Automotive Engineers
- 22. **Speed** The ratio of distance covered by an object to the time taken (i.e. miles per hour).
  - a. Speed is a scalar quantity, i.e. no direction is given. Velocity is a quantity, i.e. both the rate of travel and the direction are specified.
- 23. **Trade-Off** Describes process of evaluating the relative value of changes that can be made to a car and then making a judgment on what will work best on a specific track.
- 24. Velocity
  - a. The rate of displacement of an object. It is the speed of an object in a specified direction.
  - b. Velocity is a vector quantity, whereas speed is a scalar quantity.
- 25. Vibration A cyclic back and forth motion of an object.
- 26. Weight Distribution The placement of ballast (weight) within car to obtain desired weight balance, or desired imbalance.
- 27. Wheel
  - a. A device with a circular frame, or disk, arranged to revolve on an axis.
  - b. A wheel consists of a disk (frame), tire and bearings.